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A N N U A L R E P O R T

of the


M E D I C A L O F F I C E R O F H E A L T H

for the

Y E A R E N D I N G

31st. DECEMBER, 1953.

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UPPINGHAM RURAL DISTRICT COUNCIL

A N N U A L   R E P O R T

of the

MEDICAL OFFICER OF HEALTH

1953

Mr. Chairman, Ladies and Gentlemen,

I beg to submit my Annual Report for the year 1953. This Report deals generally with matters within my responsibility regarding Public Health and Preventive Medicine and is presented in the form required by the Ministry of Health.

GENERAL STATISTICS

|  |          |
|--|----------|
| Area (in acres) . . . . .                        | 24,735   |
| Registrar General's Estimate of Population . . . | 6,191    |
| Number of inhabited houses at the end of 1953 .. | 1,887    |
| Rateable value . . . . .                         | £ 34,869 |
| Nett product of a penny rate .. . . .            | £ 136    |

VITAL STATISTICS

|                           | <u>Males</u> | <u>Females</u> | <u>Total</u> |
|---------------------------|--------------|----------------|--------------|
| Live Births - Legitimate  | 63           | 56             | 119          |
| Illegitimate              | 4            | 2              | 6            |
|                           | <hr/>        | <hr/>          | <hr/>        |
|                           | 67           | 58             | 125          |
|                           | <hr/>        | <hr/>          | <hr/>        |
| Still Births - Legitimate | 2            | 3              | 5            |
| Illegitimate              | -            | -              | -            |
|                           | <hr/>        | <hr/>          | <hr/>        |
|                           | 2            | 3              | 5            |
|                           | <hr/>        | <hr/>          | <hr/>        |

|  | <u>Rate for</u><br><u>District.</u> | <u>Rate for</u><br><u>England &amp; Wales.</u> |
|--|-------------------------------------|--|
| Birth Rate                                     | 24.2                                | 15.5   |
| Death Rate                                     | 6.5                                 | 11.4   |
| Infant Mortality Rate<br>per 1,000 live births | 16.0                                | 26.8   |

These are very satisfactory Statistics and all the Rates compare favourably with those given for England and Wales.

Causes of Death.

|                                       | <u>Males.</u> | <u>Females.</u> |
|---------------------------------------|---------------|-----------------|
| Tuberculosis respiratory.             | -             | 1               |
| Tuberculosis - other.                 | -             | 1               |
| Malignant neoplasm, stomach.          | 3             | -               |
| Other malignant lymphatic neoplasms.  | 3             | -               |
| Diabetes.                             | -             | 1               |
| Vascular lesions of nervous system.   | 4             | 3               |
| Coronary disease angina.              | 2             | 4               |
| Other heart disease.                  | 1             | 1               |
| Other circulatory disease.            | 4             | 4               |
| Influenza.                            | -             | 1               |
| Pneumonia.                            | 3             | 2               |
| Bronchitis.                           | 2             | 2               |
| Ulcer of stomach & duodenum.          | 1             | -               |
| Other defined & ill defined diseases. | -             | 1               |
| Motor vehicle accidents.              | 1             | -               |
| All other accidents.                  | 3             | -               |
| Suicide.                              | 1             | -               |
|                                       | <hr/>         | <hr/>           |
|                                       | 28            | 21              |
|                                       | <hr/>         | <hr/>           |

PREVALENCE OF AND CONTROL OVER INFECTIOUS AND OTHER DISEASES.

Notifiable disease (other than Tuberculosis) during the year 1953.

| <u>Disease.</u> | <u>Total cases notified.</u> | <u>Cases admitted to hospital.</u> | <u>Total Deaths.</u> |
|-----------------|------------------------------|------------------------------------|----------------------|
| Pneumonia.      | 5                            | -                                  | 2                    |
| Measles.        | 151                          | -                                  | -                    |
| Whooping Cough. | 17                           | -                                  | -                    |
| Erysipelas.     | 1                            | -                                  | -                    |

There was no serious epidemic during the year.

| <u>Disease.</u> | <u>Under 1</u> | <u><math>\frac{1}{2}</math></u> | <u><math>\frac{2}{3}</math></u> | <u><math>\frac{3}{4}</math></u> | <u><math>\frac{4}{5}</math></u> | <u><math>\frac{5}{10}</math></u> | <u><math>\frac{10}{15}</math></u> | <u><math>\frac{15}{25}</math></u> | <u><math>\frac{25}{35}</math></u> | <u><math>\frac{35}{45}</math></u> | <u><math>\frac{45}{64}</math></u> | <u>65 and over.</u> |
|-----------------|----------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|---------------------|
| Pneumonia.      | -              | -                               | -                               | -                               | -                               | -                                | -                                 | 1                                 | -                                 | 1                                 | 2                                 | 1                   |
| Measles.        | 2              | 8                               | 16                              | 11                              | 12                              | 82                               | 14                                | 1                                 | 2                                 | 3                                 | -                                 | -                   |
| Whooping Cough. | -              | 4                               | 2                               | 1                               | 2                               | 8                                | -                                 | -                                 | -                                 | -                                 | -                                 | -                   |
| Erysipelas.     | -              | -                               | -                               | -                               | -                               | -                                | -                                 | -                                 | -                                 | -                                 | 1                                 | -                   |



Tuberculosis.

New Cases and Mortality During 1953.

| Age Groups | New Cases. |   |               |   | Deaths.   |   |               |   |
|------------|------------|---|---------------|---|-----------|---|---------------|---|
|            | Pulmonary  |   | Non-Pulmonary |   | Pulmonary |   | Non-Pulmonary |   |
|            | M.         | F | M             | F | M         | F | M             | F |
| Under 5    | -          | - | 1             | 1 | -         | - | -             | 1 |
| 5 - 15     | 1          | - | -             | 1 | -         | - | -             | - |
| 15 - 25    | -          | - | -             | - | -         | - | -             | - |
| 25 - 35    | -          | 1 | -             | - | -         | - | -             | - |
| 35 - 65    | -          | - | -             | - | -         | - | -             | - |
| Over 65    | -          | - | -             | - | -         | - | -             | - |

TYPE OF DISTRICT.

The district is almost entirely agricultural.

GENERAL PROVISION OF HEALTH SERVICE  
FOR THE AREA.

Public Health Officers of the Authority.

Medical Officer of Health. - John Young, M.B., Ch.B.,  
D.P.H. Camb.

The Medical Officer of Health acts for the Leicestershire and Rutland Combined Districts in which this district is included.

Sanitary Inspector & Surveyor. - Alan J. Birkett, Cert.R.S.I.

Laboratory Facilities.

The following examinations were carried out during the year at the Public Health Laboratory, Leicester :-

|             |    |
|-------------|----|
| Water ..... | 10 |
| Milk .....  | 44 |

SANITARY CIRCUMSTANCES OF THE AREA.

Water.

The water supply for the district is derived as follows :-

- (a) to Uppingham by the Uppingham Waterworks Co.
- (b) to Lyddington in bulk from the Uppingham Waterworks Co.
- (c) to Thorpe-by-Water from an extension of the Lyddington main.
- (d) to Ayston from an extension of the Uppingham Town Supply.
- (e) to the rest of the district comprising 15 villages, water is derived from shallow wells and boreholes.

### Quantity and Quality.

- (i) Bacteriological examinations of the piped supply to Uppingham were made during the year and the result was satisfactory.
- (ii) There is no tendency to plumbo-solvency in the water supplies, and no action was taken during the year in this respect.
- (iii) All Villages using shallow wells are advised to boil drinking water.
- (iv) Shortages of water occurred in certain villages during the year and temporary arrangements were made to overcome the shortages.

(v) Uppingham.

|  |       |
|--|-------|
| Number of houses supplied from public water mains direct .....                 | 654   |
| Number of population supplied from public water mains directly connected ..... | 2,416 |
| Standpipes .....   | Nil.  |

(vi) Lyddington.

|  |            |
|--|------------|
| Number of houses supplied from public water mains direct to houses ..... | 83         |
|  | Pop:.. 206 |
| Number of houses supplied from standpipes.....                           | 24         |
|  | Pop:.. 80  |

(vii) Ayston and Thorpe-by-Water.

The majority of premises in these two villages are now connected to the mains supply.

- (viii) Other parishes are supplied from shallow wells etc. The Scheme for the supply of water to five Villages in the Eastern part of the district had not been commenced at the end of the year, but the majority of materials were to hand and it was hoped to commence work on the Scheme in early 1954.
- An arrangement was made during the year for the supply of water in bulk to Barrowden village from the Oundle & Thrapston R.D.C. proposed water scheme.
- Interim Schemes for the supply of Water to Ridlington and Belton were prepared during the year.
- Negotiations during the year took place between the Council and the Uppingham Waterworks Company with a view to purchase of the Undertaking. Should the negotiations be successful, it is proposed to extend the supply to the Villages of Bisbrooke, Glaston, Seaton and Stoke Dry.

### Drainage and Sewerage.

The following areas are sewered :-

Uppingham  
Lyddington Village  
Belton  
Glaston  
Certain portions of Preston.

At Uppingham the Scheme to drain the Ayston Road area of the Town was in progress at the end of the year.



### Closet Accommodation.

Total number in the district at the end of 1953.....Approx.  
a) Privies and pail closets ..... 840  
b) Water closets ..... 910

### Public Cleansing.

The system of scavenging permitted fortnightly collections from all properties within the district. Certain additional collections were made from hotels and school houses.

The new collection vehicle has assisted in maintaining regular collections, whilst an improvised collection trailer is held for use in case of breakdown of the large vehicle.

### PREVENTION OF DAMAGE BY PESTS ACT, 1949.

The system adopted by the Council in the previous year for the employment of a professional Rodent Operator has been carried on throughout the year. The scheme continues to work well and complaints from private properties were down to twelve - a marked decrease.

### SANITARY INSPECTION OF THE AREA.

The particulars given under this heading are for all purposes, including particulars given elsewhere in the report.

Total number of complaints received .....89  
Total number of defects or nuisances  
discovered.....79

| <u>Nature of inspections. :-</u> | <u>Inspections.</u> | <u>Re-visits.</u> |
|----------------------------------|---------------------|-------------------|
| Dwelling houses (all purposes)   | 321                 | 356               |
| Tents, Vans etc.,                | 5                   | 12                |
| Food premises.                   | 65                  | 50                |
| Offensive trades.                | -                   | -                 |
| Factories and Workshops.         | 10                  | 16                |
| Shops.                           | 62                  | 22                |
| Other Premises.                  | 154                 | 212               |
|                                  | <hr/>               | <hr/>             |
|                                  | 617                 | 668               |
|                                  | <hr/>               | <hr/>             |

### Notices.

| <u>Preliminary.</u>                  | <u>Housing.</u> | <u>Other.</u> |
|--------------------------------------|-----------------|---------------|
| Outstanding on 1st. January, 1953.   | 1               | -             |
| Issued during the year.              | 11              | 7             |
| Complied with during the year.       | 9               | 7             |
| Statutory action necessary.          | -               | -             |
| Outstanding on 31st. December, 1953. | 3               | -             |

### Statutory.

|                                      |    |   |
|--------------------------------------|----|---|
| Outstanding on 1st. January, 1953    | -  | - |
| Issued during the year.              | 12 | - |
| Complied with during the year        | 12 | - |
| Outstanding on 31st. December, 1953. | -  | - |

### Inspections by the Medical Officer of Health.

|                            |    |
|----------------------------|----|
| Dwelling Houses .....      | 79 |
| Food Premises .....        | 42 |
| Shops .....                | 47 |
| Dairies and Cowsheds ..... | 11 |
| Miscellaneous .....        | 39 |

### H O U S I N G

#### General.

Repair work to privately owned properties has continued to increase throughout the year following the easement in the Licensing restrictions.

Three applications for Improvement Grant under the Housing Act, 1949, were received during the year, two of which were refused by the Council and one granted.

Action under Section 11. of the Housing Act, 1936, was taken regarding certain cottage property in Wing and Uppingham. Undertakings were accepted from the owners of these properties that they should not be re-let for human habitation, and the tenants concerned were re-housed by the Council.

#### Inspection of dwelling houses during the year.

1. (a) Total number of dwelling houses inspected  
for housing defects (Under Housing Acts) - 48
- (b) Number of inspections made for the purpose - 90
2. Number of dwelling houses (exclusive of those  
referred to under the preceding sub-head)  
found not to be in all respects reasonably  
fit for human habitation. - 18

#### Remedy of Defects during the year without service of Formal Notice.

Number of defective dwelling houses rendered fit in  
consequence of informal action by the Local  
Authority or their Officers ..... 8

#### Post War Housing.

During the year 58 houses and 16 flats were completed in the district.

At the end of the year, erection was going forward to provide three houses and sixteen flats at Uppingham and two houses at Wardley, these being Council Schemes, and six private dwellings.

On the 31st. December, 1953, there were 185 applicants for Council Houses on the register.



## SUPERVISION OF FOOD.

Biological examination of milk was continued throughout the year and 34 samples were taken and submitted to the Laboratory for examination. One case of brucella abortus was detected and action was taken to prevent the infected milk being sold to the public until the offending cattle had been removed from the herd.

### Ice-cream.

No ice-cream is manufactured in the district. All registered premises sell pre-packed ice-cream, obtained from approved Manufacturers.

### Meat and Other Foods.

Inspections have been made at regular intervals of all food premises and shops and advice given to shop-keepers. Bakehouses in the area are generally not up to the required standard and efforts have been made to effect structural improvements. One bakehouse in Uppingham Town has been modernised and a further one has been closed down.

### Food Premises.

#### 1. - No. of Food Premises in Area by Type of Business.

|                                 |    |
|---------------------------------|----|
| Bakehouses .....                | 7  |
| Dairies .....                   | 2  |
| Butchers Shops .....            | 9  |
| Cafes and Hotels .....          | 7  |
| Grocers Shops .....             | 33 |
| (Inclg. Greengrocers etc.,)     |    |
| Premises registered for sale of |    |
| Ice-cream etc., .....           | 23 |

N.B. Certain premises are automatically included under more than one sub-heading, e.g. Cafes and Ice-cream premises.

#### 2. - No. of Food Premises Registered under Section 14. of the Food & Drugs Act.

|                                  |     |
|----------------------------------|-----|
| Premises Registered for the Sale |     |
| of Ice-cream.....                | 23  |
| Others.....                      | Nil |

No. of Dairies registered under the Milk & Dairies Regulations, 1949..... 2

#### 3. - No. of Inspections of Registered Food Premises.

..... 51

#### 4. - Method of Disposal of Condemned Food.

- Burnt or buried at Council Refuse Tip.

Meat and Other Foods (continued).

The following Foods were examined and found unfit for human consumption :-

4 stones of Fish  
14 stones. 6 lbs. 7 ozs. Tinned Fruit.  
66 lbs. Tinned Meat (various).  
190 lbs. Mutton (carcass).  
184 lbs. Beef (carcass).  
4 boxes Pre-packed Ice-cream.

NATIONAL ASSISTANCE ACT, 1948.

No action has been necessary during the year.

I have the honour to be,  
Your obedient Servant,

JOHN YOUNG.

Medical Officer of Health.

10, High Street,  
Melton Mowbray.

